



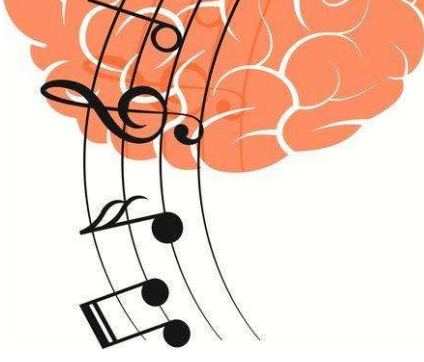
The Neuroscience of Creativity

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Postdoctoral Scholar, UCSF
Collegiate Faculty, San Francisco
Conservatory of Music



PI: Dr. Charles Limb, M.D.





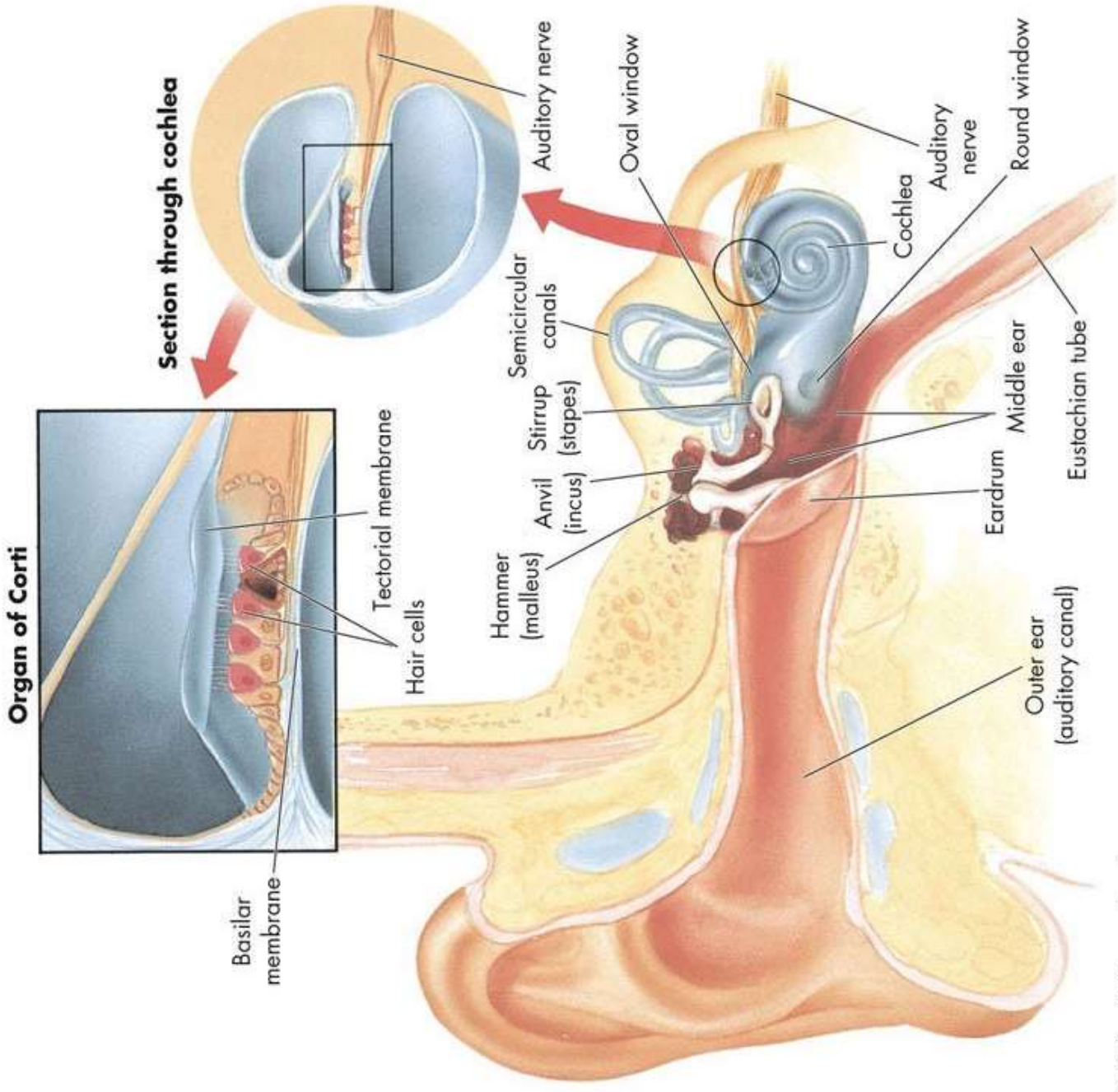
Welcome!

Course Objectives

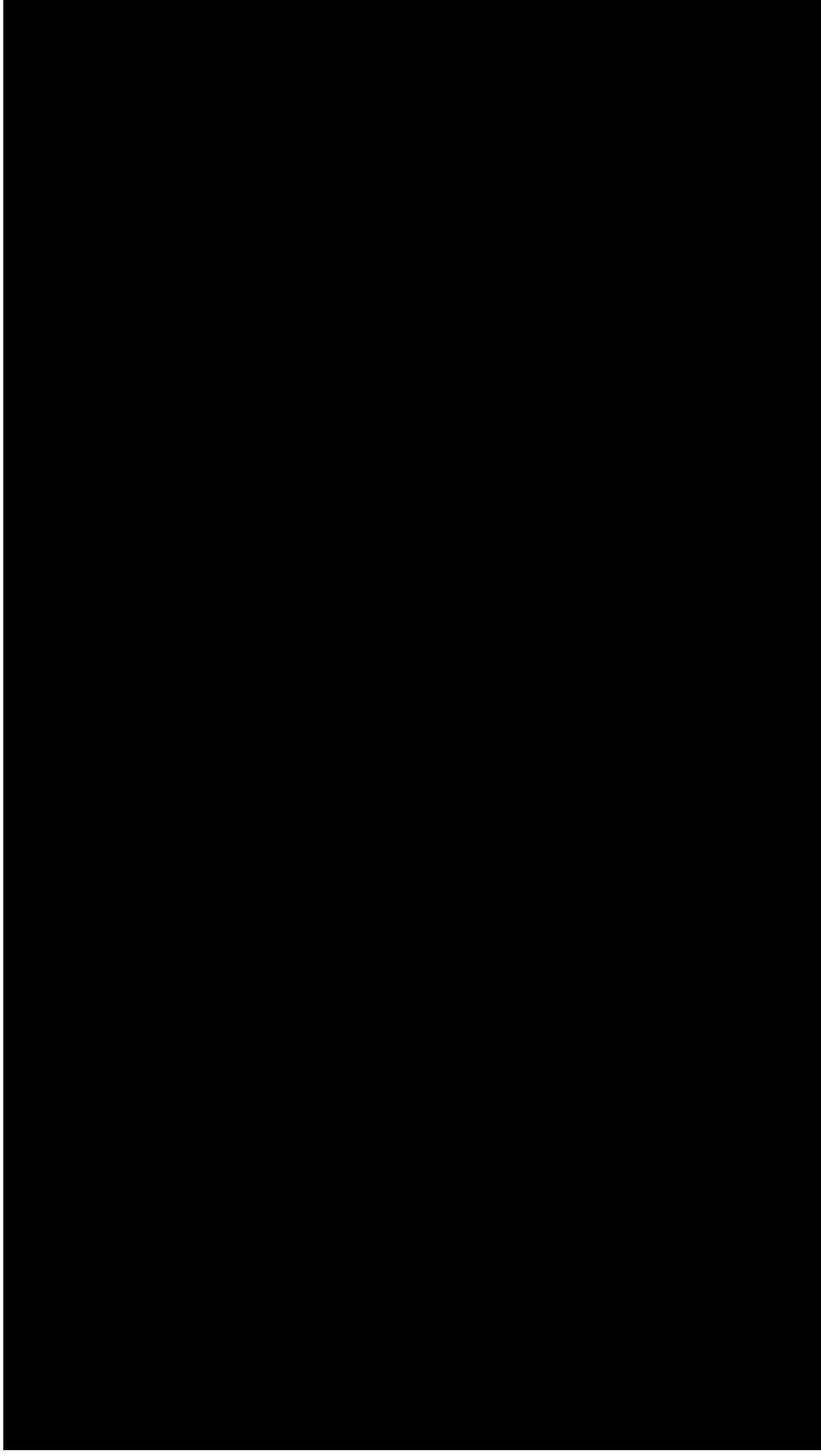
- How do we hear?
- How can we use neural imaging to study musical creativity?
- What are the neural areas involved in musical improvisation?
- Where can I find information about music and he



The Human Ear

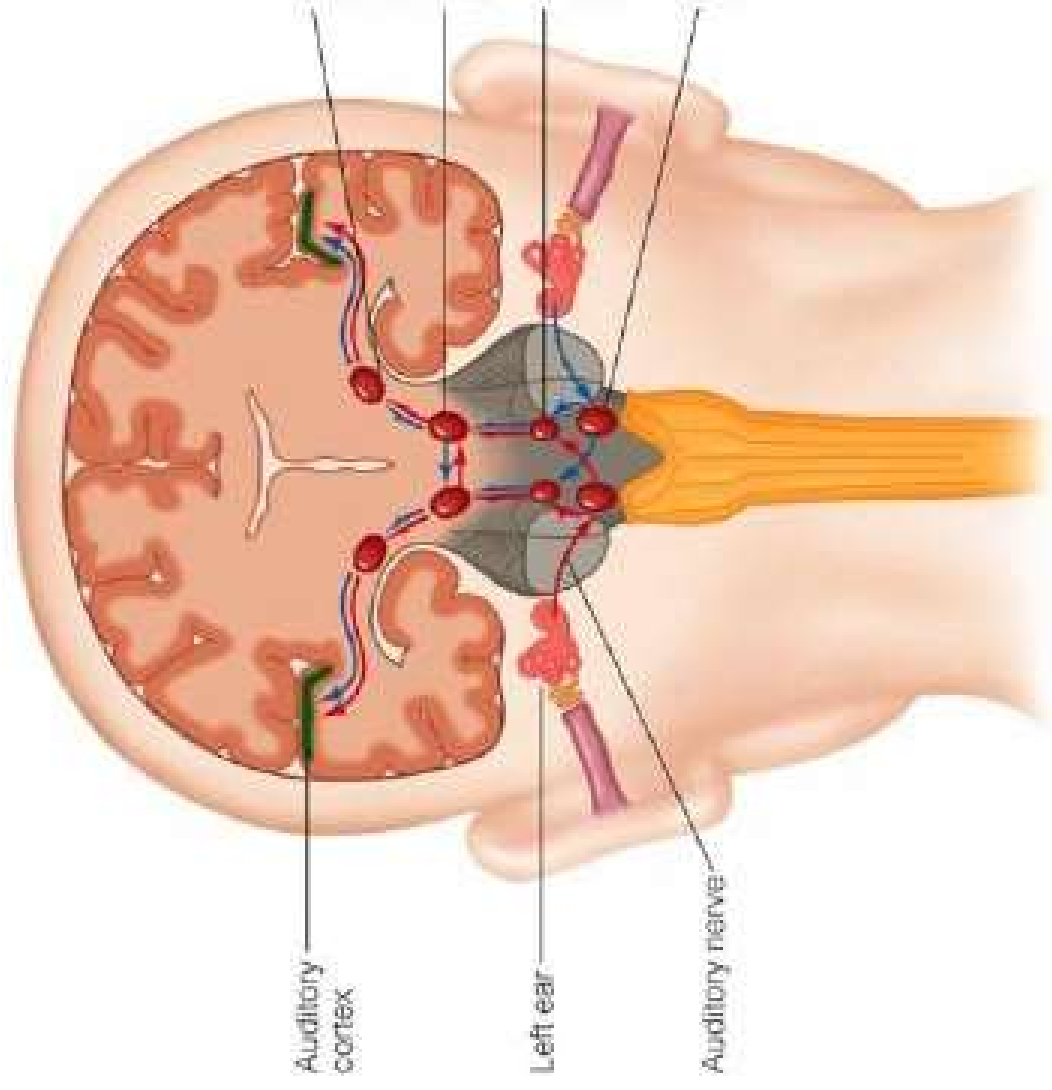


A quick hearing overview



Auditory Pathways in the Brain

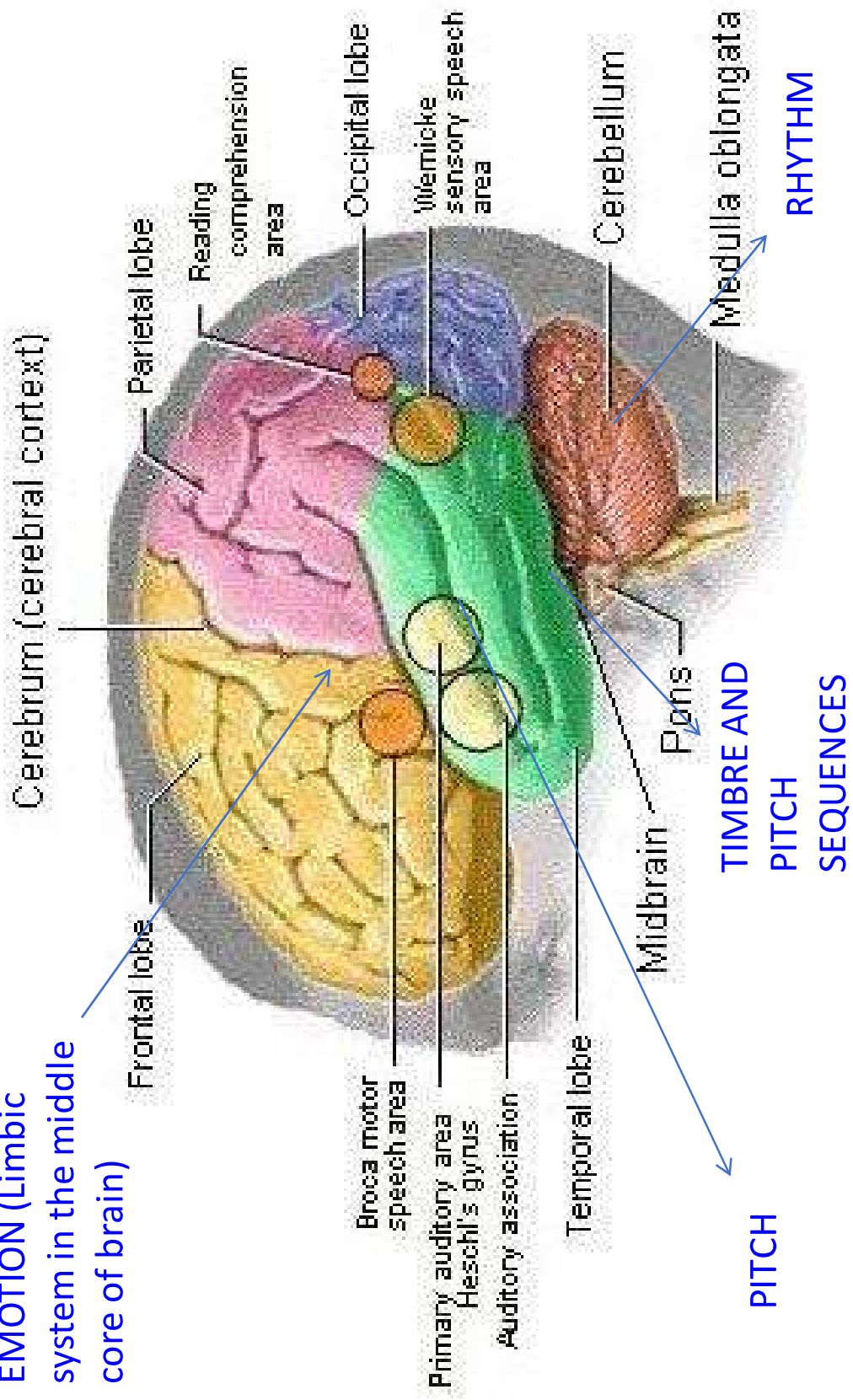
- Music processed in ascending pathway from ear all the way up to the auditory cortex
- Sound processed at each “station”



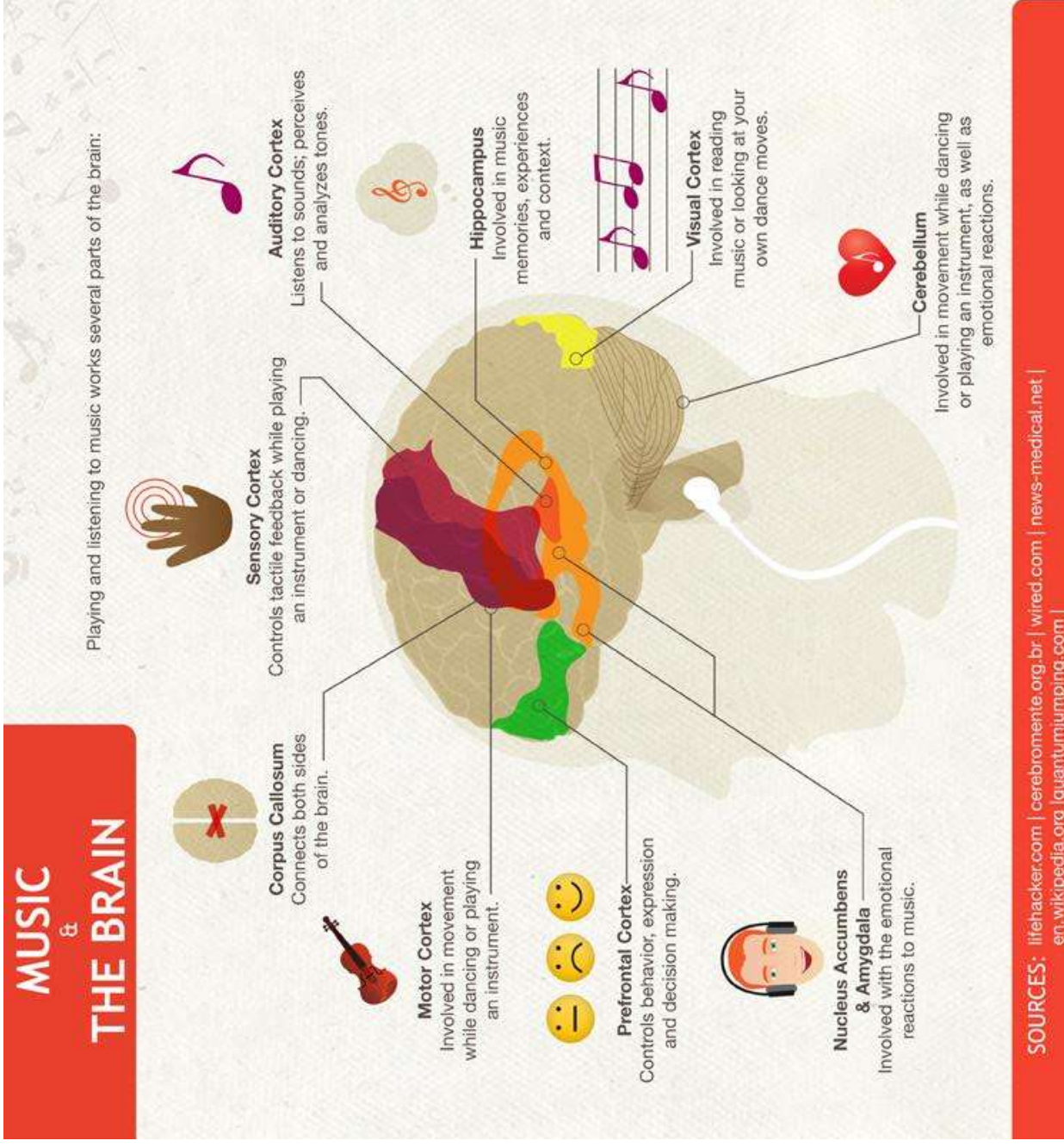
Music and the Brain

- There is no single “music center” in the brain, aspects of music are processed in various areas

EMOTION (Limbic system in the middle core of brain)



Popular Media has recently been focused on how the multidimensional aspects of music listening



News Sources like NYTimes, BBC ne pick up stories ab and the Brain

This is not a real a figure but it helps the findings from news format

Introduction to our lab's research

- Musical improvisation = spontaneous creation of music; real-time creativity
- Artistic creativity is a neural process that can be examined using scientific methods
- fMRI studies of Creativity
 - Professional Jazz Musicians
 - Collaborative Improvisation
 - Musically-untrained Children
 - NEA Project: Improvisation Across Art Forms



Functional Magnetic Resonance Imaging

- Uses **Blood Oxygen Level-Dependent** imaging (BOLD)
 - Change in neurons' oxygen consumption = indicator of neural activity
- Scanner is noisy, magnetic, spatially-restricted and ergonomically-challenging



Studying Jazz in an fMRI Scanner

Limb and Braun, 2008, *PLOS ONE*



JazzCtrl

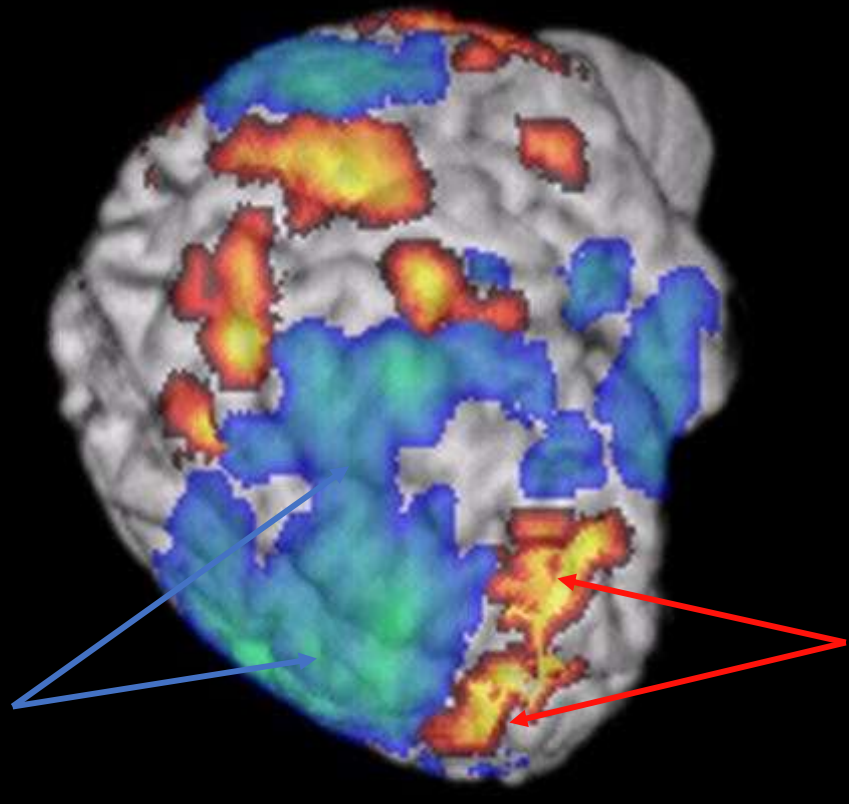
Four staves of musical notation for the JazzCtrl condition. The first staff is labeled "Cmin7". The second staff is labeled "Fmin7". The third staff is labeled "Cmin7", "Dmin7b9", and "G7". The fourth staff is labeled "Cmin7".

JazzImprov (example)

Four staves of musical notation for the JazzImprov (example) condition. The first staff is labeled "Cmin7". The second staff is labeled "Fmin7". The third staff is labeled "Cmin7", "Dmin7b9", and "G7". The fourth staff is labeled "Cmin7".

Experimental Setup

lateral prefrontal deactivation: ↓ self-monitoring



medial prefrontal activation: ↑ self-expression

In jazz, solo improvisation is a goal-directed behavior (medial PFC) that may occur in the absence of the context normally provided (lateral prefrontal regions), leading to a defocused form of attention that may encourage spontaneous associations and sudden insights.

“FLOW” (Csikszentmihalyi, 2008)

What about Collaborative Improvisation

Donnay et al., 2014, *PLOS ONE*

- What are the neural correlates of musical exchanges of improvisation?
- Trading Fours

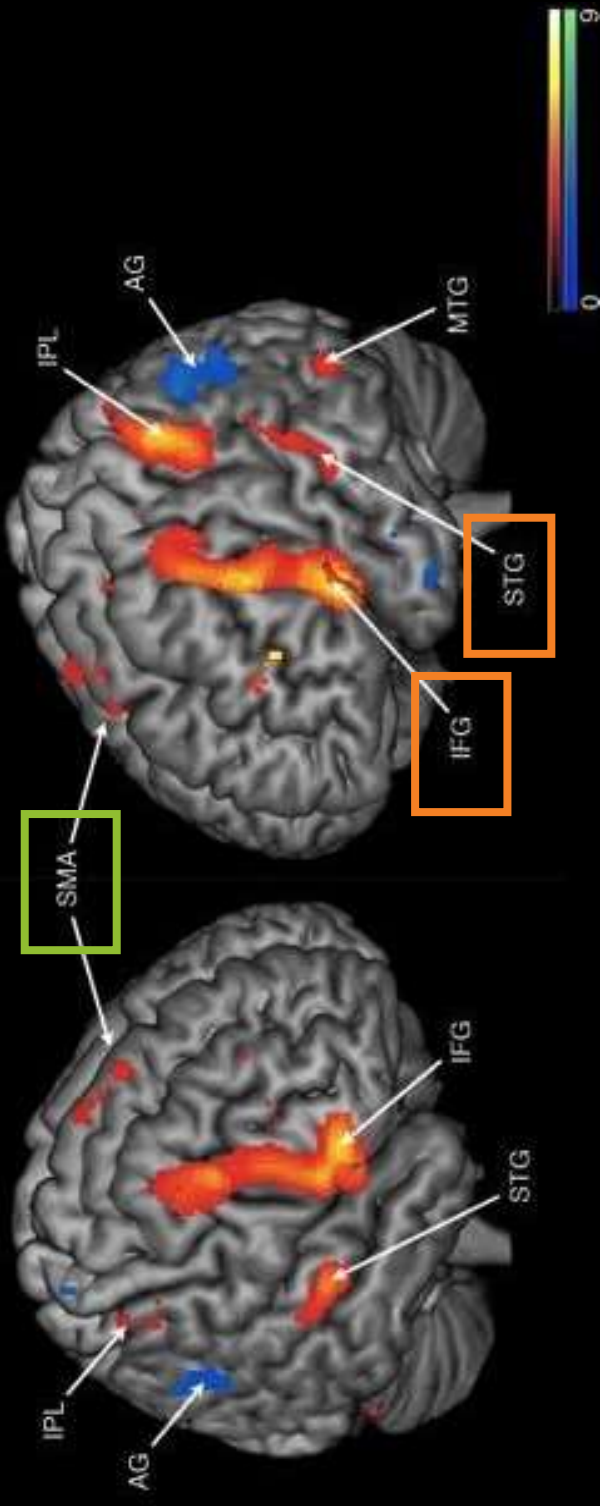
The image displays a musical score for the piece 'Tradewinds' in 4/4 time, with a tempo marking of ♩ = 148. The score is divided into three systems, each with a red background. The first system shows a melodic line starting with a Dm chord. The second system shows a Gm chord. The third system shows an Em chord with a 7b5 extension, followed by an A chord and a Dm chord. The notation includes various rhythmic values such as eighth and sixteenth notes, and rests.

Jamming
With
Mike
Pope



Improvisation is associated with activation in:

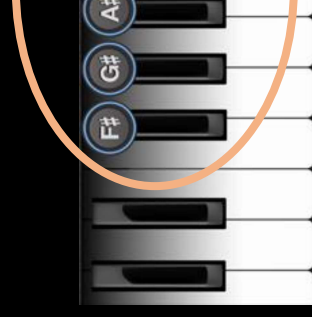
Sensorimotor areas



Language Areas

Collaborative Improvisation: a language-like musical exchange

Musically-untrained, school-aged children (in preparation)



Pentatonic
Always S

Same
Same

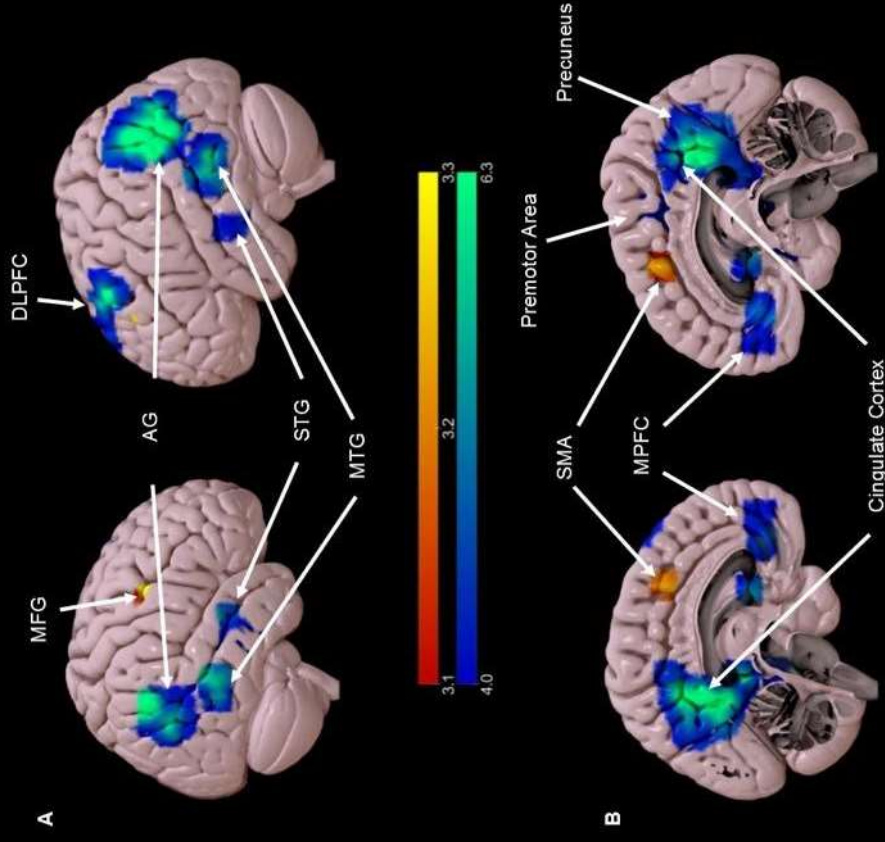
The diagram illustrates two paths from a piano keyboard to musical activity. On the left, a photograph of a piano keyboard is shown. Two arrows originate from it: one points to the left towards a speaker icon labeled "Rote" Musical Activity, and the other points to the right towards a speaker icon labeled "Creative Musical Activity".

Below the "Rote" speaker is the text "Control: Scale". Underneath this are three staves of musical notation, each labeled "Pentatonic Scale". The notation shows a sequence of five notes: G4, A4, B4, C5, and D5, repeated across the three staves.

Below the "Creative" speaker is the text "Experimental: Improvise". Underneath this are three staves of musical notation, each labeled "Pentatonic Scale". The notation shows a sequence of five notes: G4, A4, B4, C5, and D5, repeated across the three staves.



Musically-untrained Children: Preliminary Data Analysis

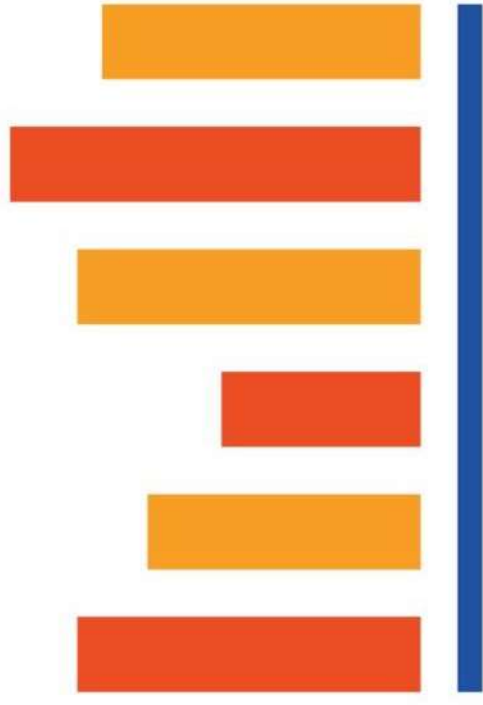


Deactivation of:
-limbic areas
-parietal areas

Less prefrontal deactivation than adult jazz musicians

NATIONAL
ENDOWMENT

FOR THE
ARTS



RESEARCH
LABS

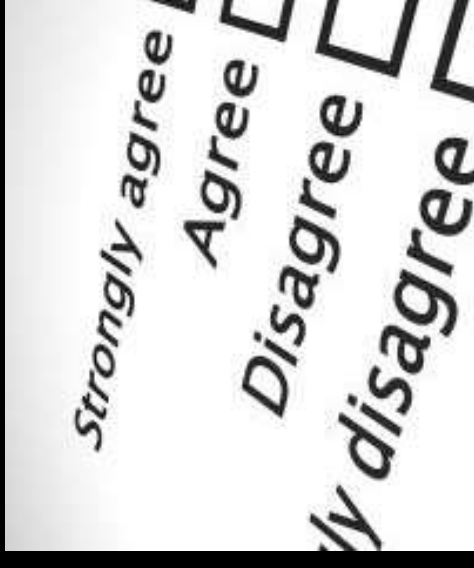
Improvisation Across Art Forms

- Research questions:
 - What are the neural correlates of improvisation across art forms (music, comedy, visual arts)?
 - Are there cognitive differences among expert improvisers of different art forms?



Paradigm

- Neural imaging (fMRI): Block design experiment comparing control blocks (“rote” artistic activity) vs experimental (improvisation) blocks
- Cognitive test battery: Assessments of creativity, cognitive skills and personality



- **Test Battery** refined with aid of our technical working group
- Working Memory and Attention
- Crystallized IQ
- Fluid Intelligence
- Personality
- Creativity: Divergent Thinking, Convergent Thinking, & Imagination
- Artistic Achievement and Demographic Questionnaire



What is creative genius?



Keystone Project: Eminent Musicians

- **Testing world-class musicians as case studies**
 - Case studies: experimental tasks tailored specifically to the talents of the artist
 - Case series: each artist also completes a common improvisation task
- **Opportunities and Challenges**

Eminent Musicians as Case Studies



Gabriela Montero
Barrett et al., 2020
Neuroimage



Matthew Whitaker



Fantastic Negrito



Esperanza



Zakir Hussain



Solomon Howard



Shockwave

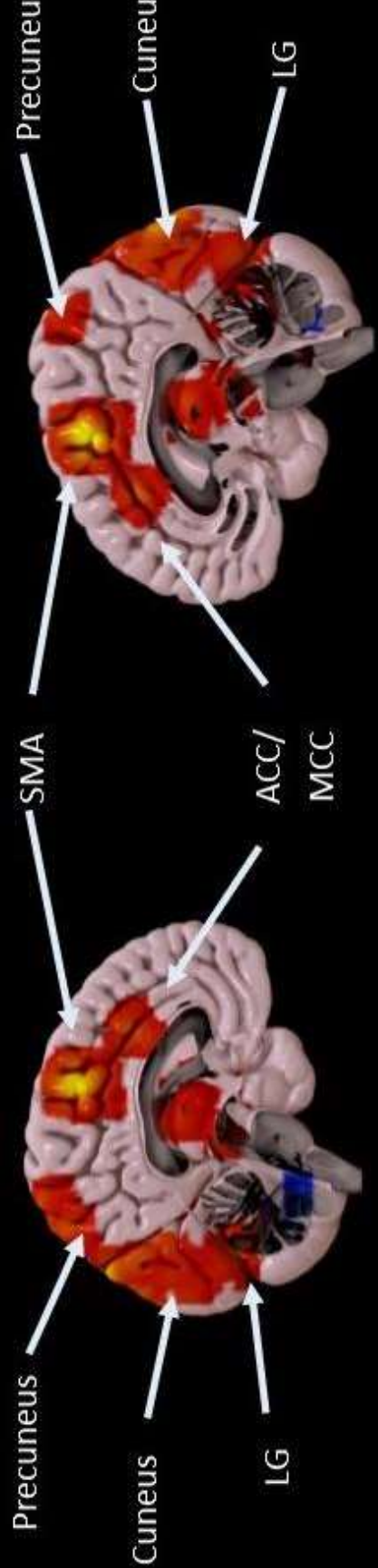
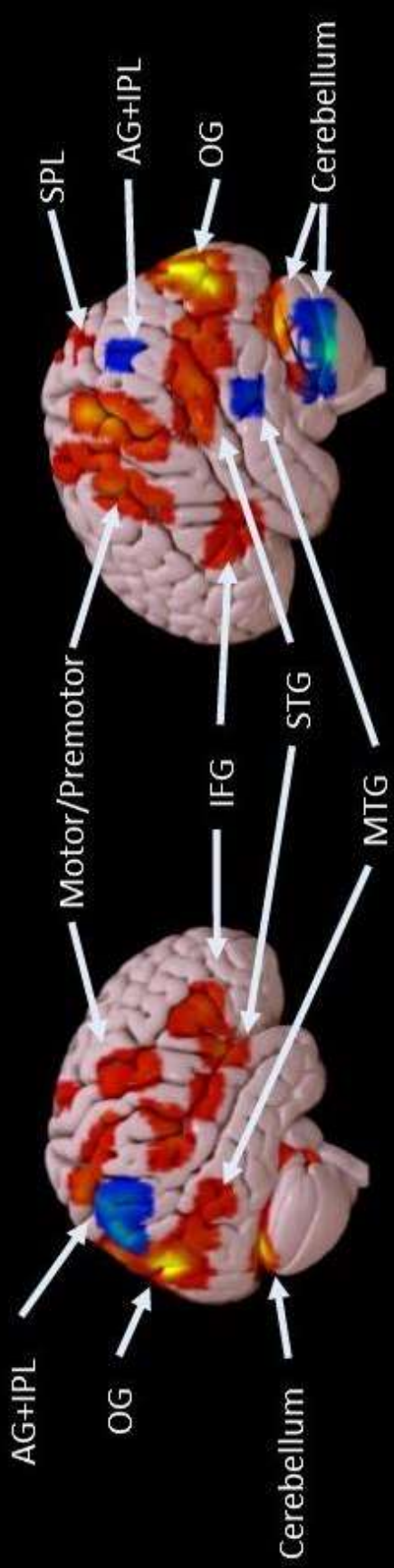
Gabriela Montero









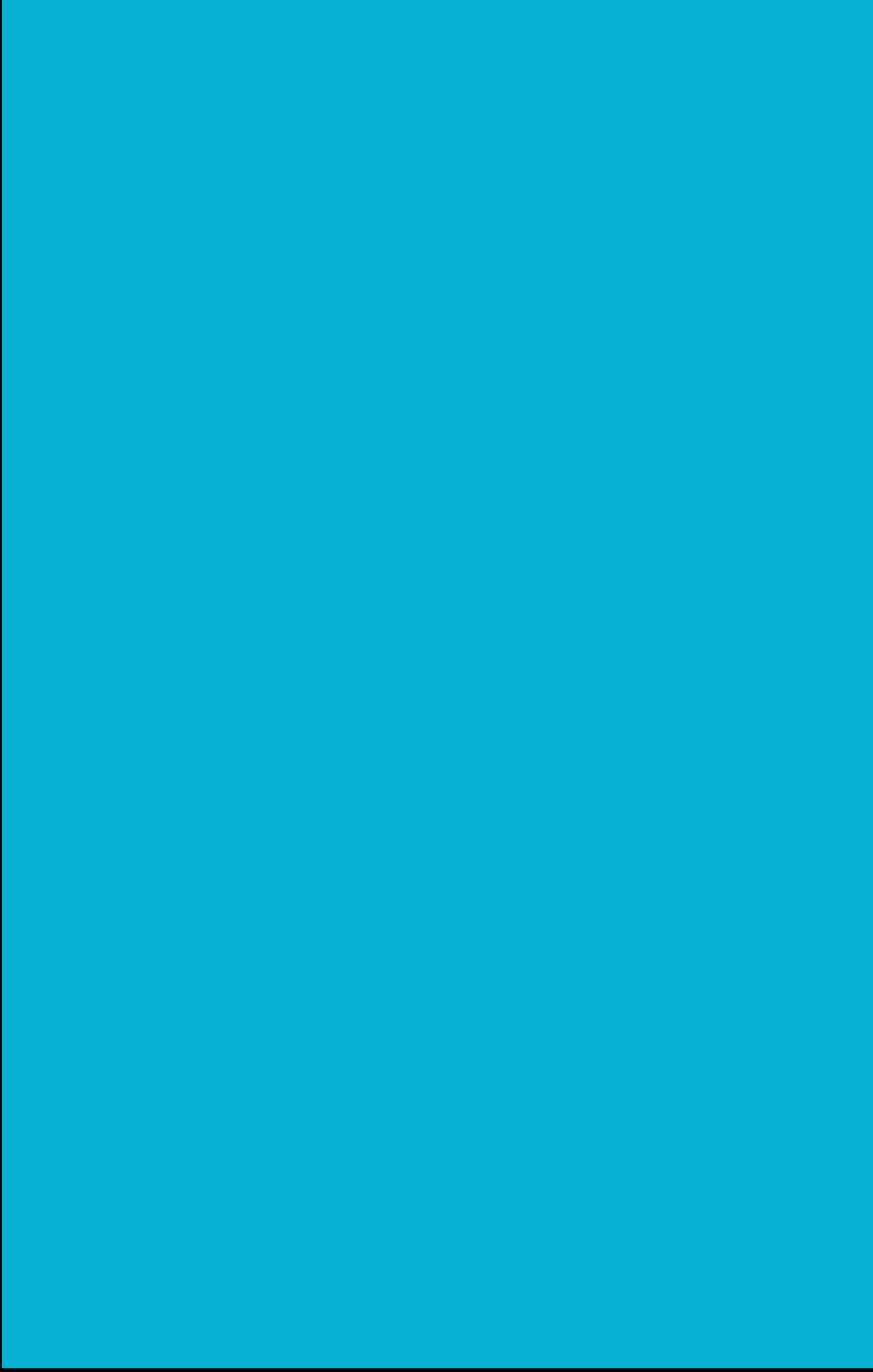


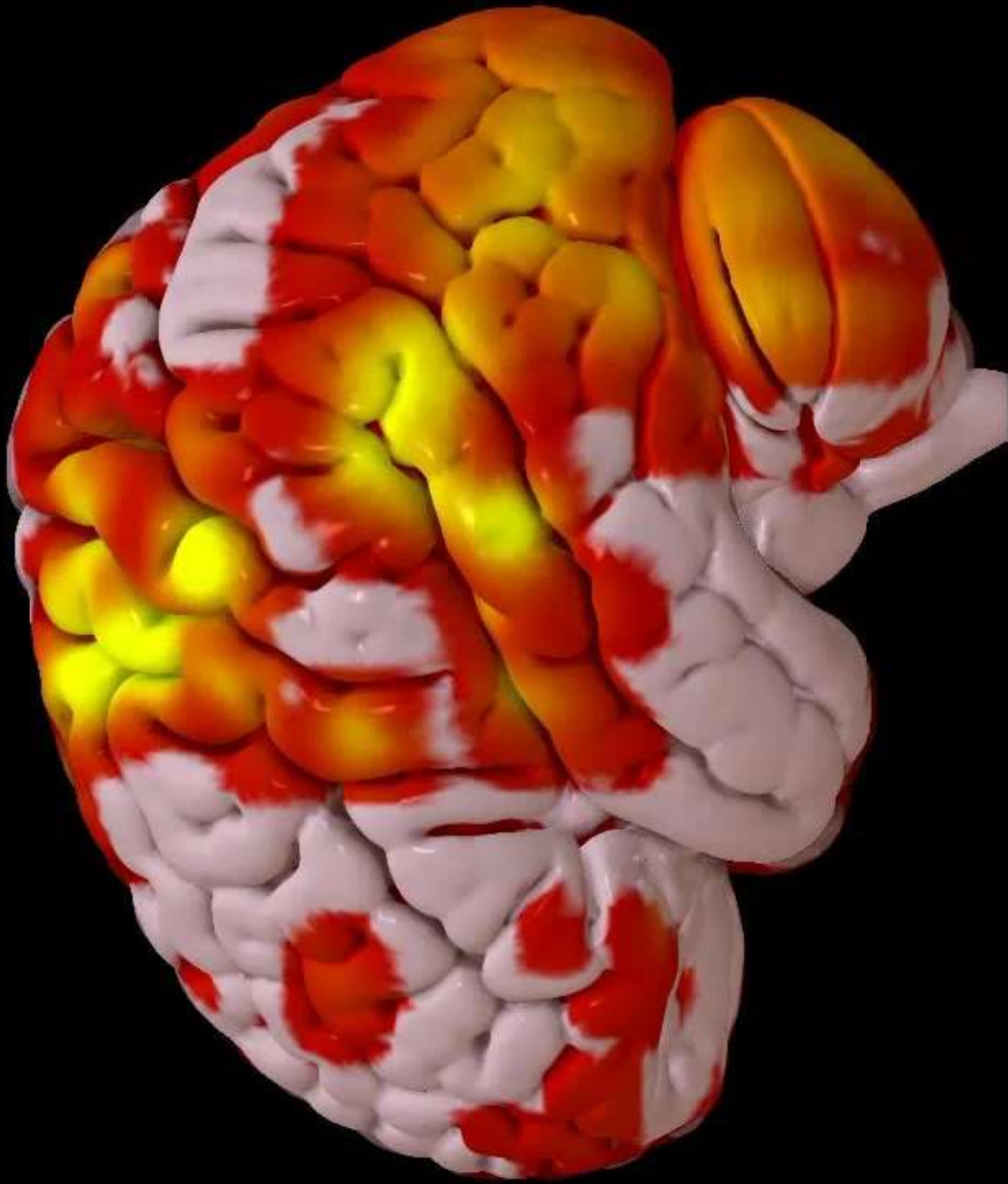
Barrett e

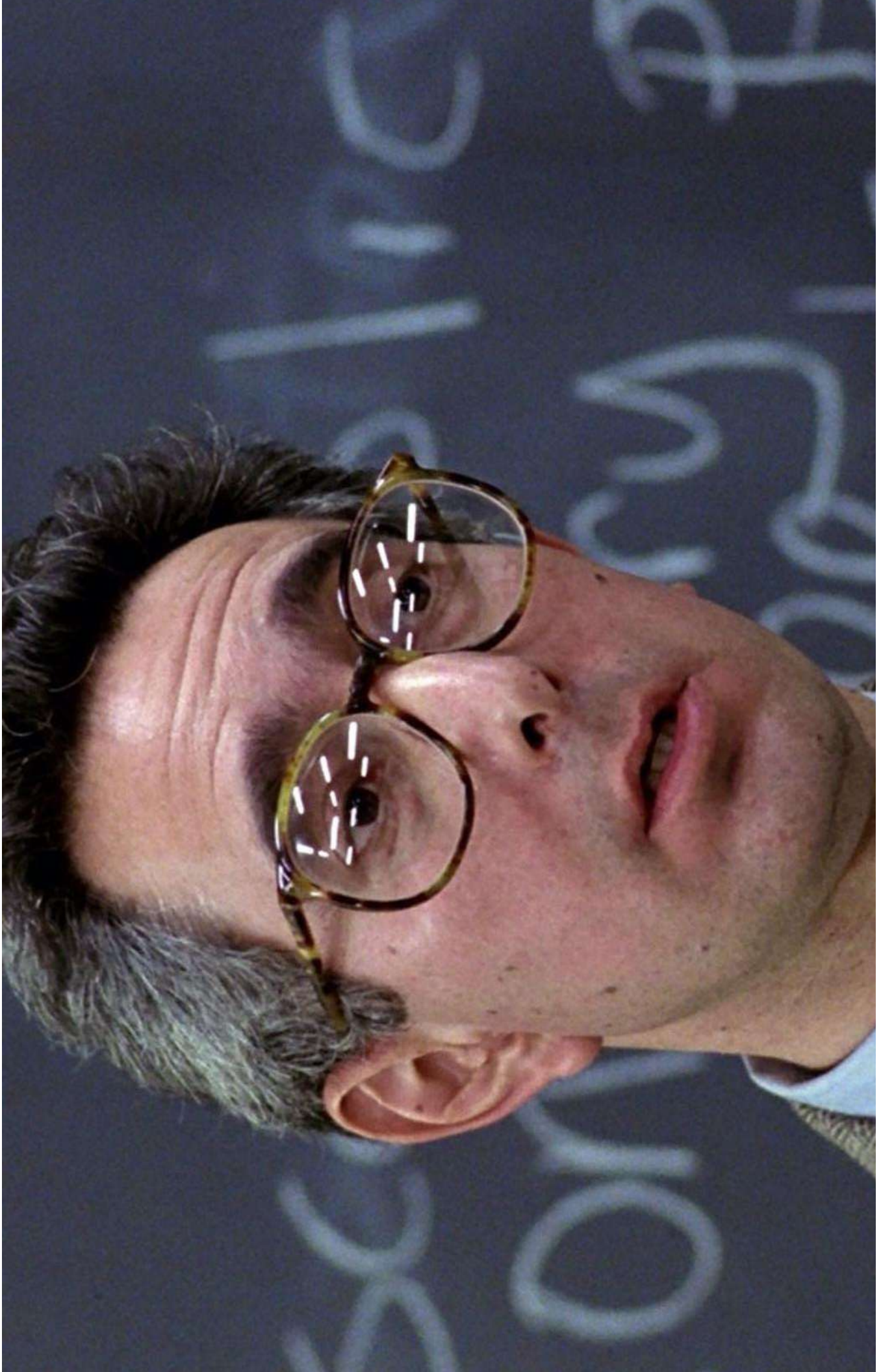
Matthew Whitaker



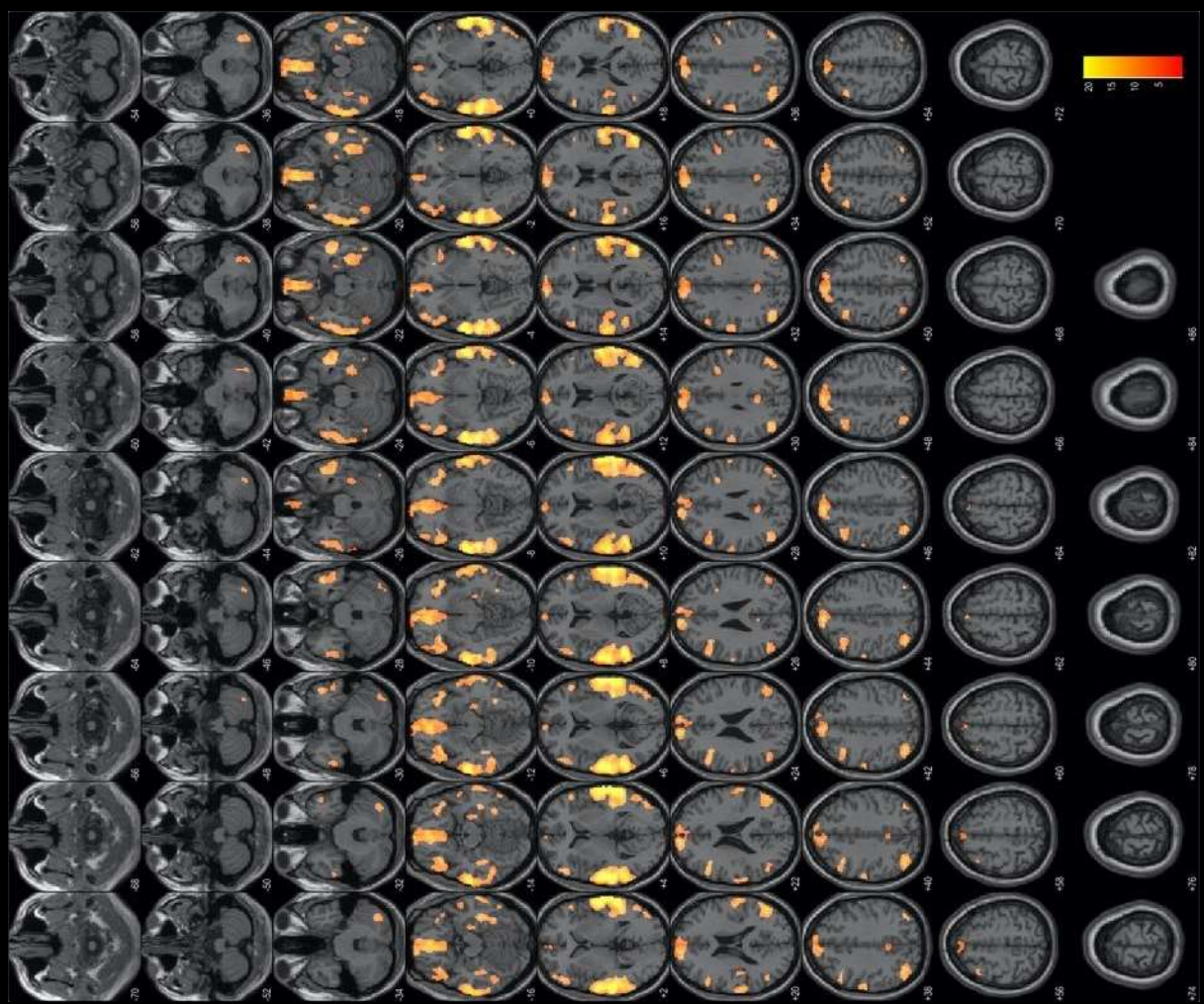
Matthew
Whitaker
at UCSF

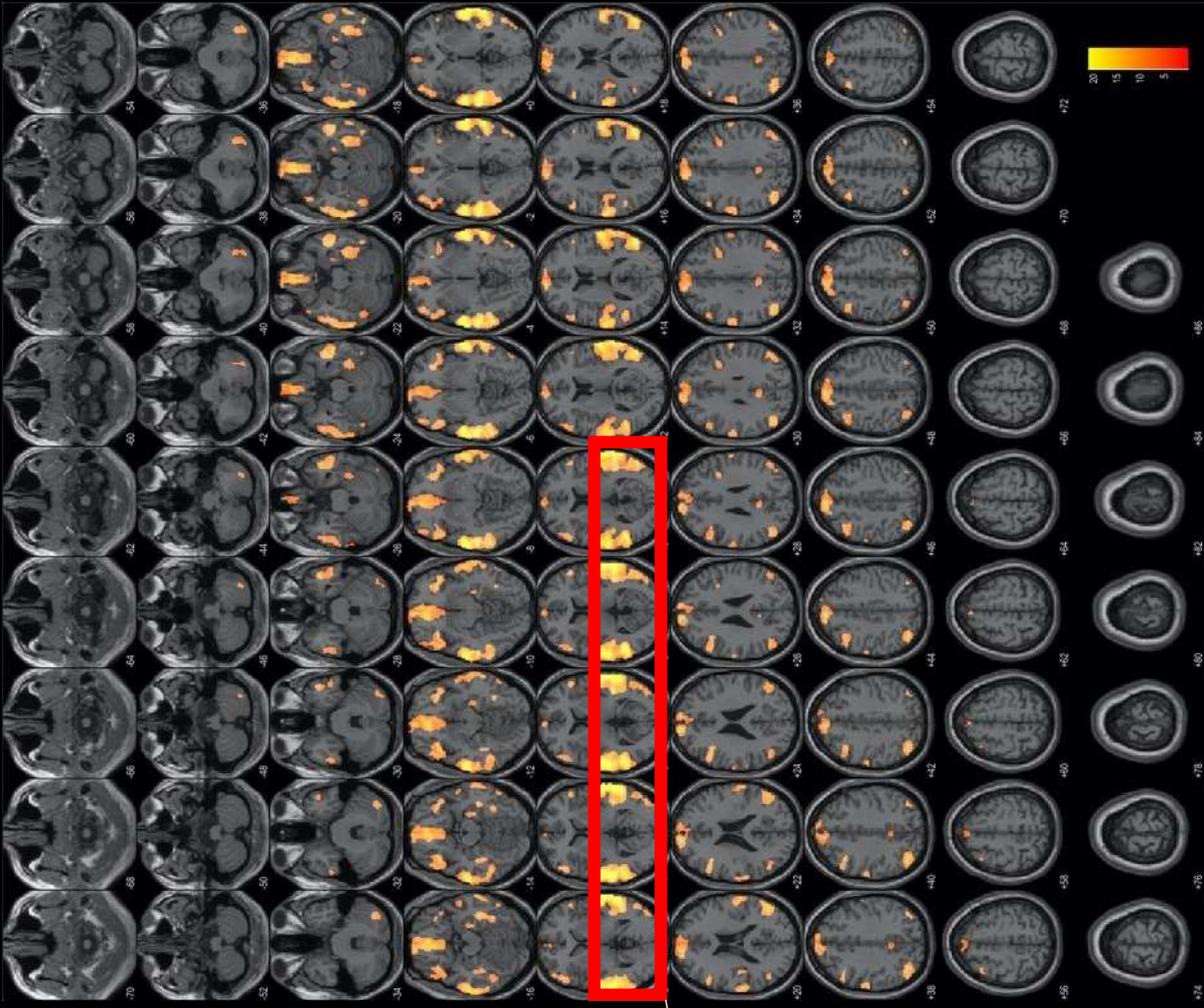






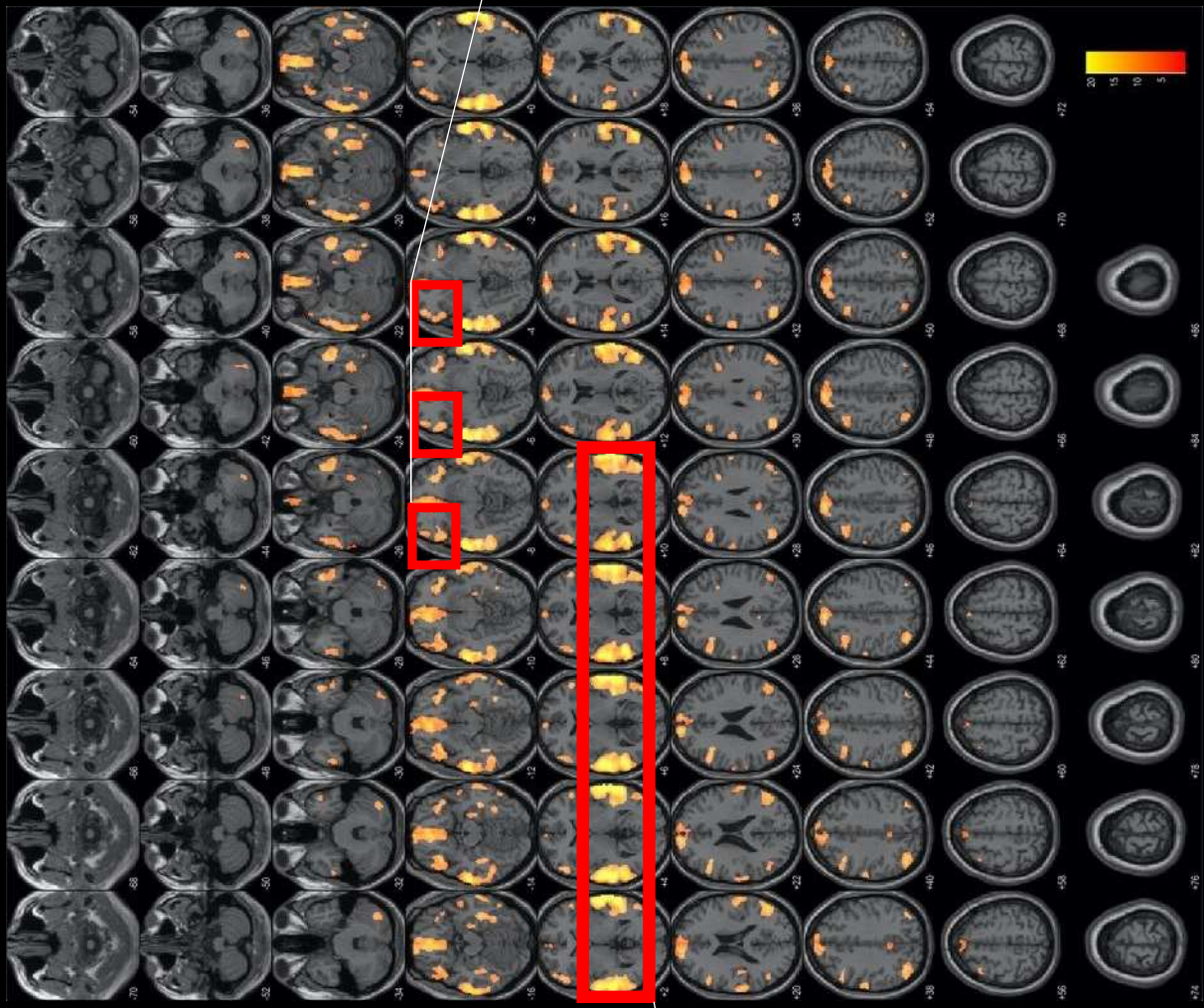






Auditory
Cortex
sound

Le
Prefr
/k



Auditory
Cortex
sound



Med
(zc)

Le
Prefr
/k

Auditory
Cortex
sound

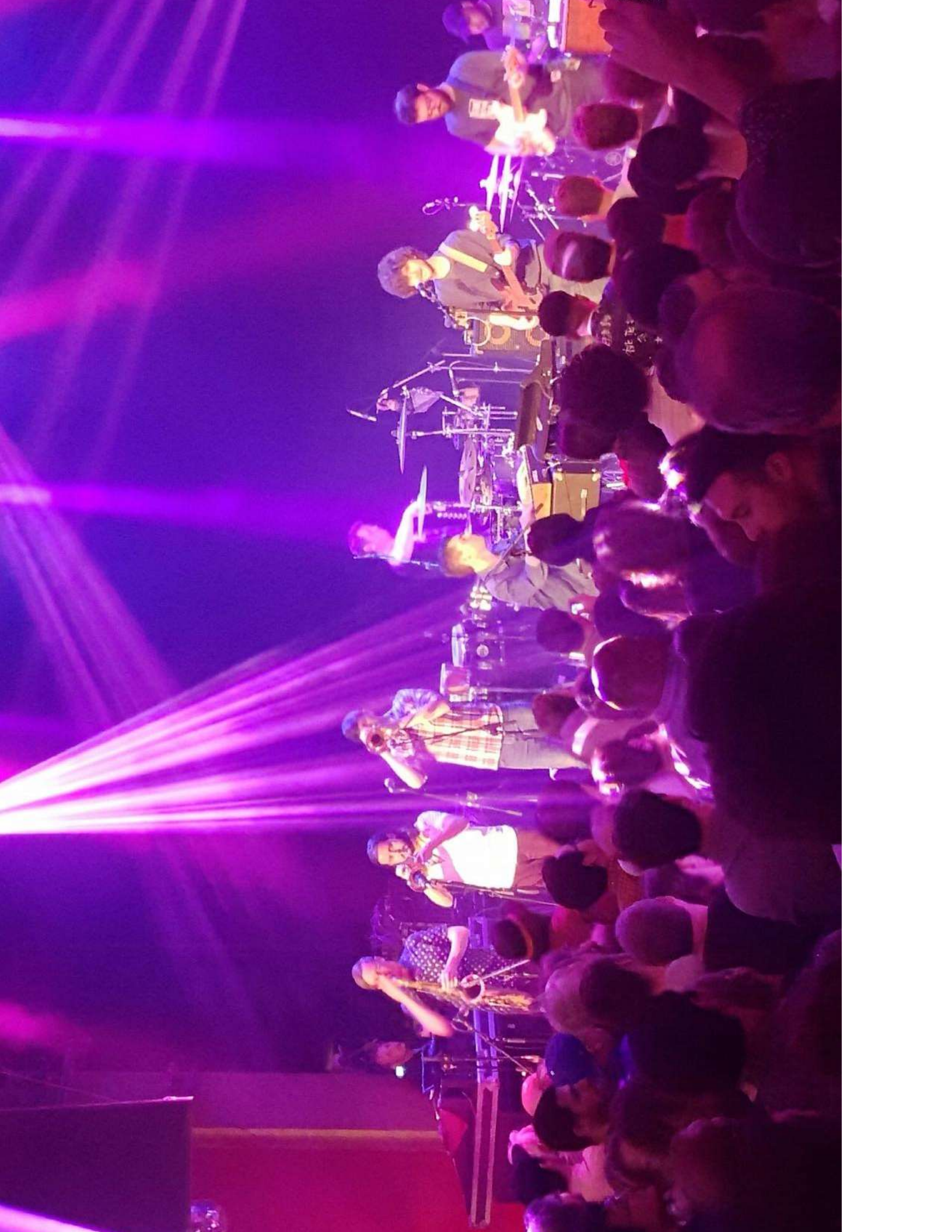


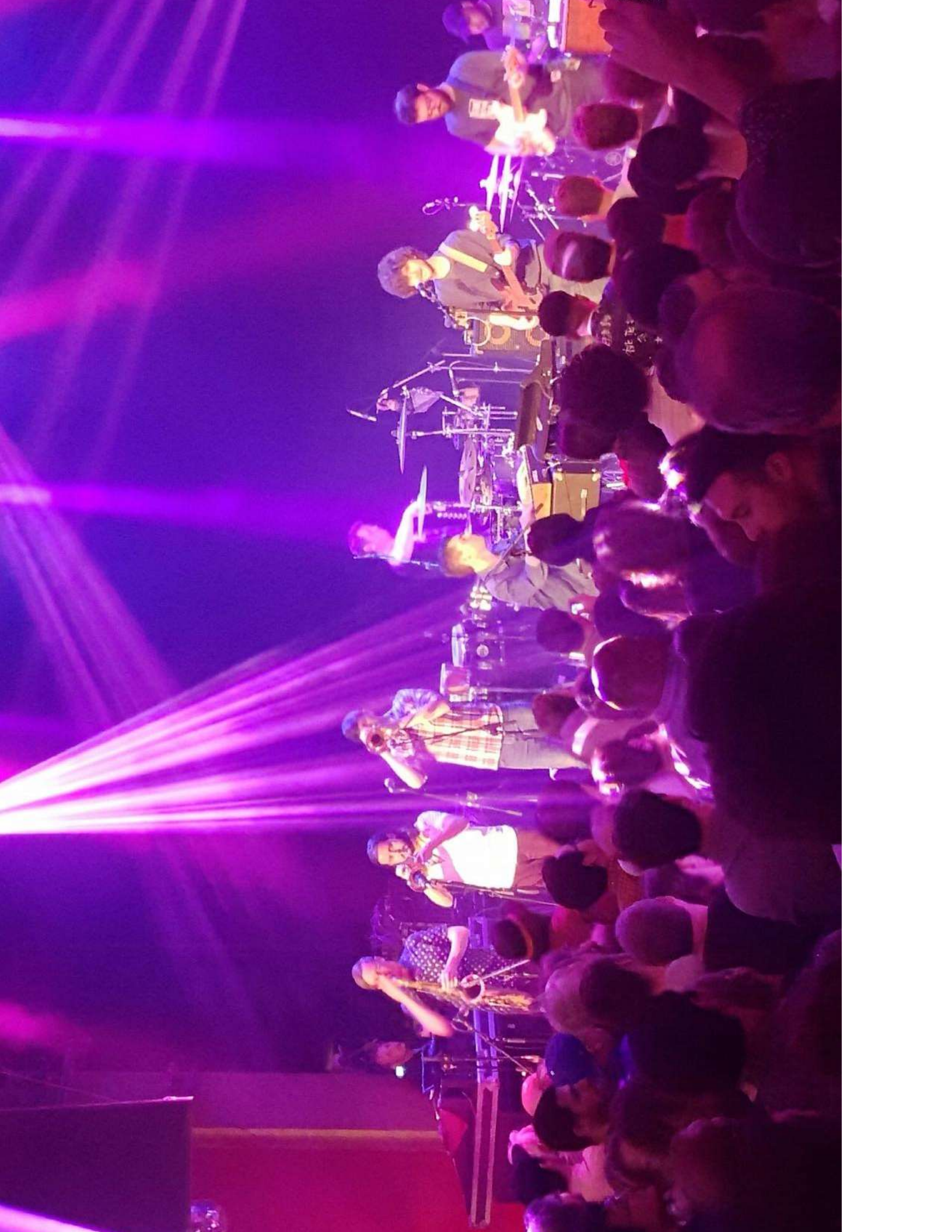
Med
(z)

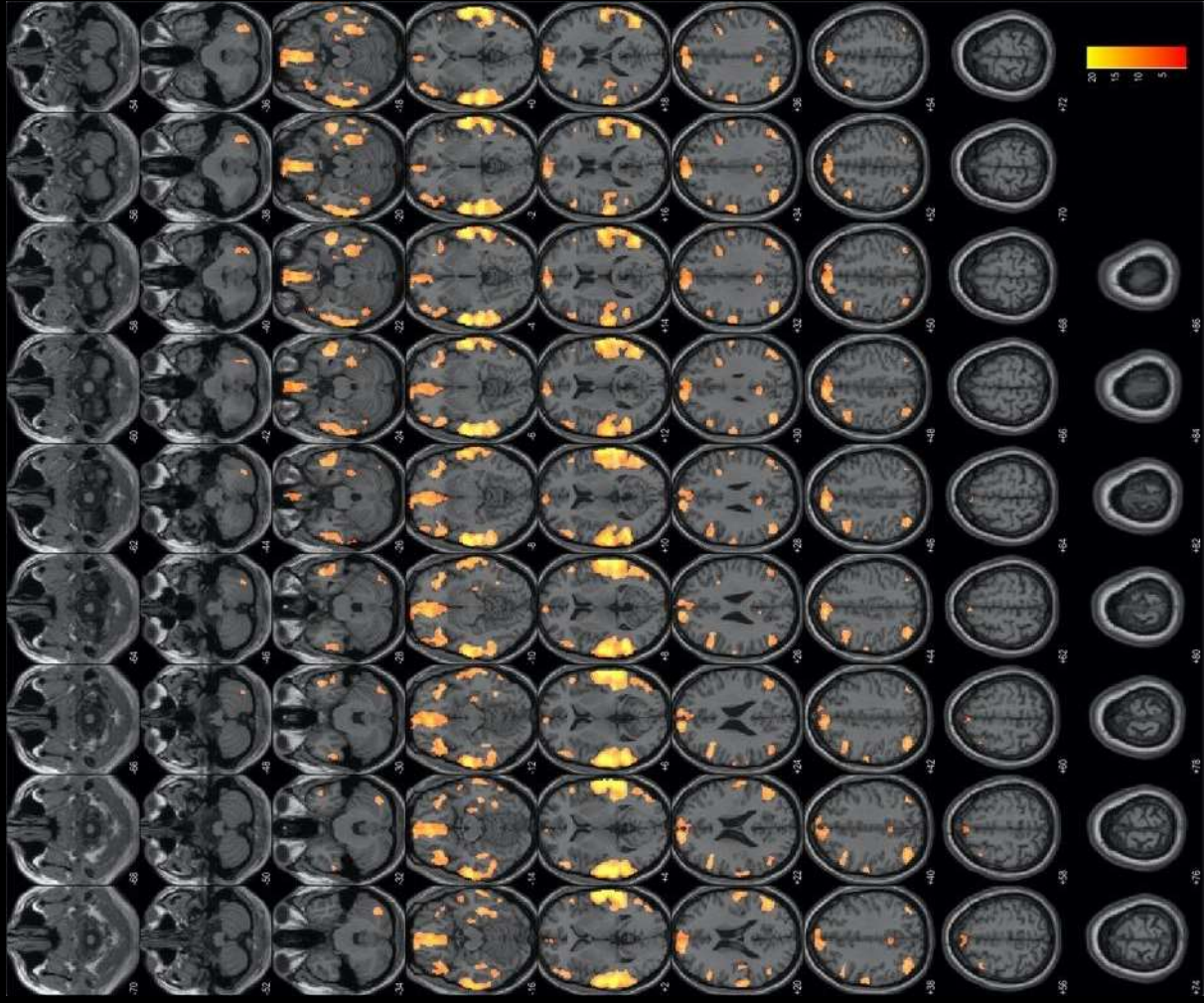
Le
Prefr
/k

Visual
Cortex
sight

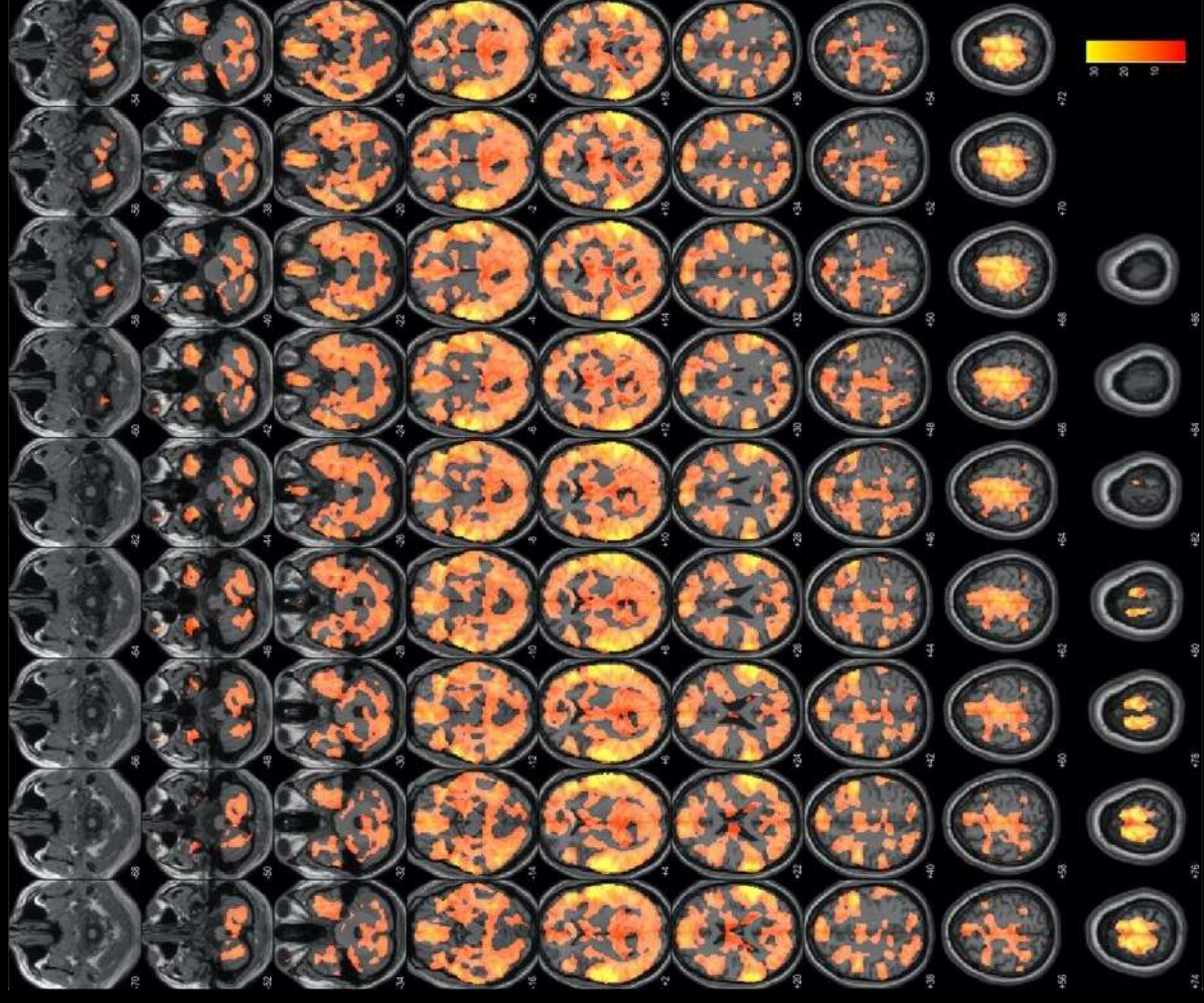
Auditory
Cortex
sound



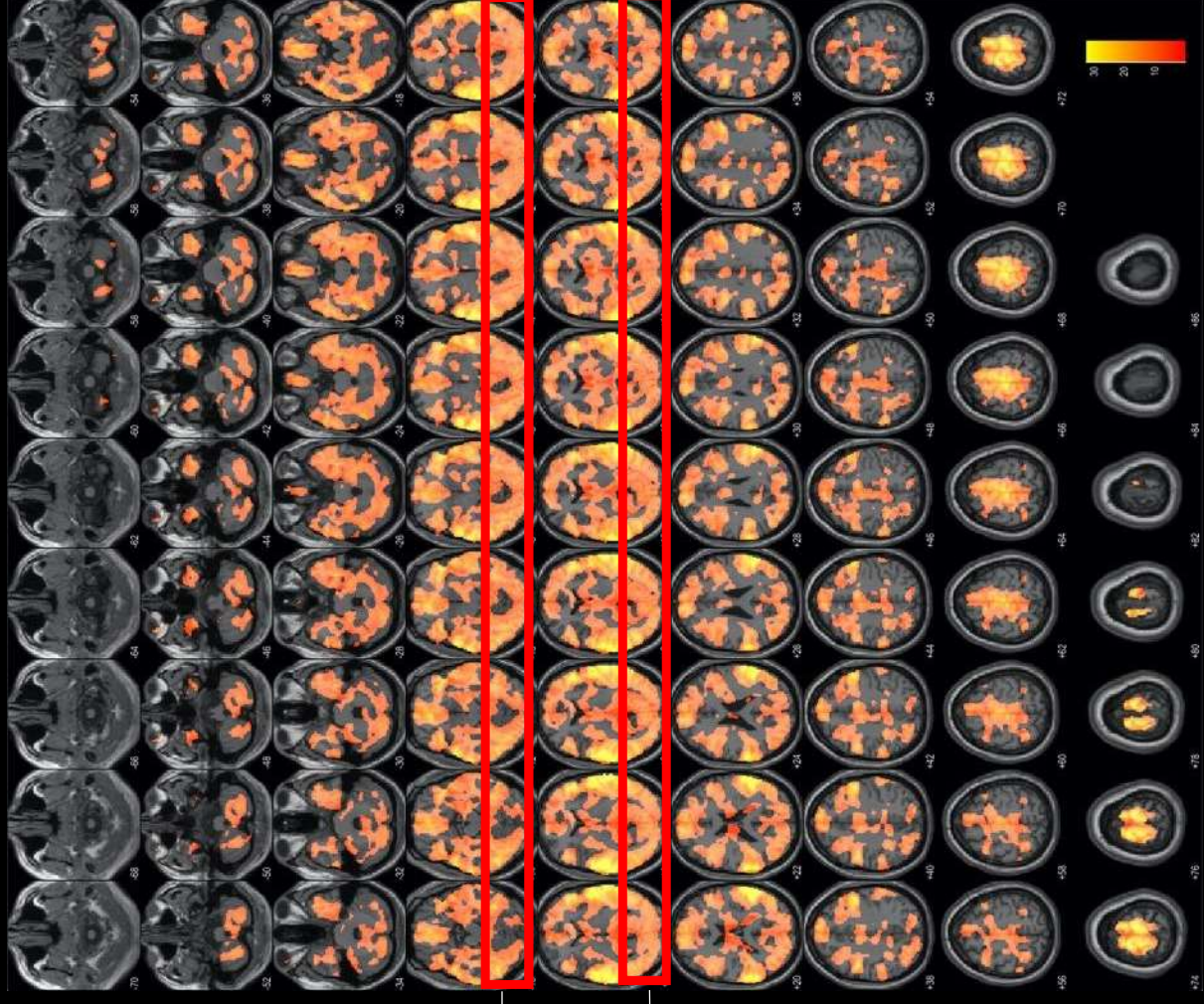




Music stimulates Matthew's entire brain!



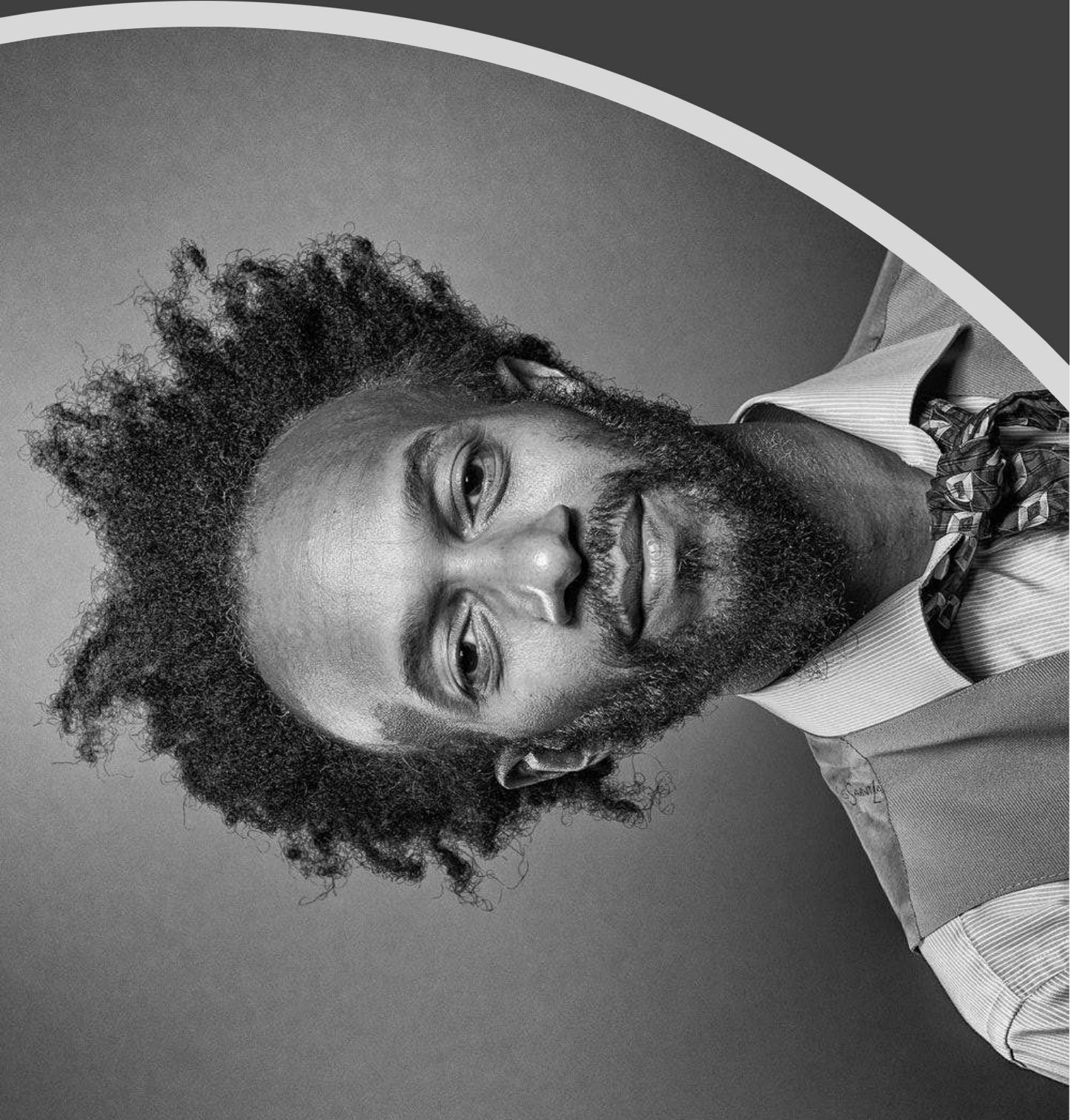
Music stimulates Matthew's entire brain!



Visual Cortex
is used for
music!



Fantastic Negrito

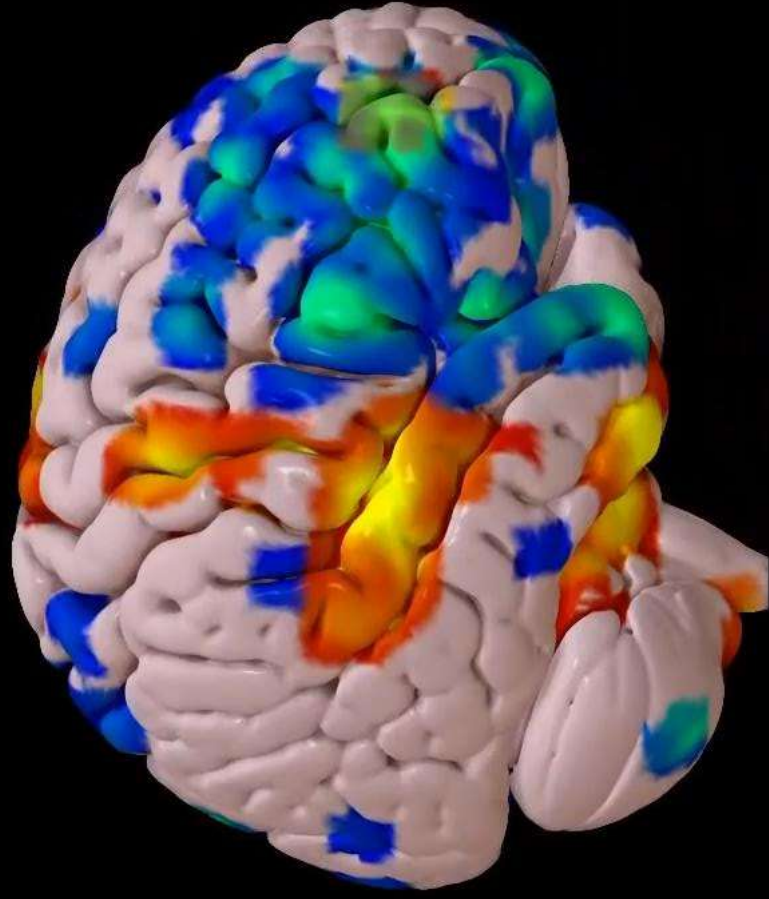








MEMORIZATION





Take-Away Messages

- We can measure the creative brain in real time!
- Improvisation = rich model for studying the neural correlates of creativity
- You do not need to be a professional artist to be creative
- Scientific rigor and Improvisation
- With creativity from researchers, neural imaging is a useful tool to understand the biological basis of artistic creativity



**SOUND HEALTH
NETWORK**

The Sound Health Network aims to promote research and public awareness about the impact of music on health and wellness.



University of California
San Francisco



arts.gov



National Institutes
of Health

RENÉE FLEMING



Julene Johnson, PhD

Network Co-Director



Dr. Julene K Johnson is a UCSF professor of cognitive neuroscience with an undergraduate degree in music.
[Read more...](#)

Stephanie Purnell, BS

Sound Health Network Manager



Stephanie Purnell is a Junior Specialist in Dr. Limb's Sound and Music Perception lab at UCSF where she
[Read more...](#)

Charles J. Limb, MD

Network Co-Director



Dr. Charles Limb, is the Francis A. Sooy Professor of Otolaryngology-Head and Neck Surgery and the Chief of the
[Read more...](#)

Karen Barrett, PhD

Scientific Analyst



Dr. Karen Chan Barrett is a postdoctoral scholar in the lab of Dr. Charles Limb as well as a faculty member at San
[Read more...](#)

Sheri L. Robb, PhD, MT-BC

Music Therapy Co-Investigator



Dr. Sheri L Robb is an Indiana University School of Nursing professor with international recognition for her
[Read more...](#)

Patpong Jiradejvong, MS

Programmer Analyst



Patpong Jiradejvong is a data systems analyst in the Sound and Music Perception Lab at UCSF. Currently he is
[Read more...](#)

Indre Viskovic

Communicator



Dr. Indre Viskovic is an opera stage director and communicator
[Read more...](#)

Katy Lindhart

Social Media



Katy Lindhart is a freelance speaker and podcast manager
[Read more...](#)

The Sound Health Network Launch

January 26th 2023
5pm EST / 2pm ORT





Resources

- Sound Health Network website: soundhealth.ucsf.edu
- Directory of Network participants*** new!
- Consultation and logistical support
- News and Events
- Clearinghouse
- Funding Opportunities
- Newsletter
- Virtual Networking Platform (in progress)
- Webinar and journal club series
- Social Media – Facebook, Twitter, Instagram, YouTube

Thank You!



Charles Limb, M.D.



Lauren Jacobs



Patpong Jiradejvong

Research Participants

Gabriela Montero

Matthew Whitaker

Fantastic Negrito

Esperanza Spalding

Zakir Hussain

Solomon Howard

Shockwave

Colin Mochrie

Renée Fleming

The Kennedy Center

Frederick Barrett, Ph.D.

Malinda McPherson

Julene Job

Sheri Robb

Indre Viskochil

Katy Lindner

Nicole Jia

Beth Pierce

Charlotte

Ramon Buehler

Lucas Harwood

Walker Pauley

Vani Dewangan

Johnathan

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